



Infinity Academies Trust

PSHE Vocabulary Progression Grid

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Rules Danger Real Fake danger, good touch, bad touch, pants, private. Happy, sad, Healthy, unhealthy, exercise job, money Same, different Needs, Wants, rules	What do we put in our bodies? Substance, harmful, rules, Dangerous, feelings Feeling Safe: Real, imaginary, danger, secret, trust, good touch, bad touch, unsafe worried, private, community, help, Safety Feelings: Feelings words, worried, excited, nervous,	Boys, girls and families: Family, same, different, boy, girl, babies, male, female, new life cycle, birth, Body parts, timeline, order, vagina, penis, growing, changing. What do we put in to our bodies: Medicine, healthy, pharmacy, doctor,	What do we put in to our bodies? Drug, tobacco, smoking, second hand smoke, smoke free, medicine, harmful, asthma, instructions. Bullying: see it, say it, stop it: Bullying, unacceptable, falling out, racism, cyber bullying, bystander, help, support, bully, cyber, Physical Unkind, Mental health, Feelings	Growing up and changing: Baby, toddler, school aged, teenager, adult, elder, Age, difference, physical changes, puberty, reproduction, Stereotyping, Individual, menstruation, periods, Relationship, sex cells, sperm, egg, hygiene, grooming, clean, strategies. Anxious, Lifecycle Grow,	What do we put in to our bodies? Cigarette, e-cigarette, cannabis, health, money, alcohol, tobacco, nicotine, media, influence, pressure, choice, age restrictions, Substance, Medicine Legal, Illegal, Drugs Ask Frank, Effects, Risks Prescribed, Solvents, Alcohol Tobacco, Role models	Healthy relationships / how a baby is made: Puberty, emotional, physical, behavioural, changes, attitudes, values, gender, stereotyping, age, religion, culture, values, relationships, friendships, differences, love, reproduction, human life cycle, reproductive organs, conception, pregnancy, womb, uterus,

	angry, same, different, emotion, loss, challenge, different Fun Times: food, drink, celebration, same, different, choice, active, protect, damage, sun, effect, games, safety, cultures, world, countries, special times. My money: earn, win, find, presents, pocket money, borrow, benefits, save, Choices, Jobs Me and others:	safety, asthma, Instructions. Indoors and Outdoors: Emergency, safe, responsible. Rules, unsafe, hazards, road safety, fire safety, danger. Friendships: Care, excluded, friend, difficult, problems, resolve What keeps me healthy? Healthy diet, oral health, physical activity, active, sleep, vaccination routine, hygiene, food, rest, Routines. Respect	Emotions, Unhappy, Differences Power, Bystander, Empathy, Acceptance, Courage, Feelings Witness Strengths and challenges: Goal, challenge, skill, attribute, put up, put down, set-back, Friend, Kindness, Emotions Feelings, Care, Conflict Qualities impact mental health Celebrate, Goals, Positive What helps me choose? Eat well Guide, influences, brands, packaging, taste, cost,	Change Strategies, Emotions Relationships, Support , Advice What do we put in to our bodies? Caffeine, alcohol, tobacco, nicotine, alcohol, risk, habit, addiction, age restrictions. Drugs, Legal, Illegal Prescribed, Harmful Substances, Heart Lungs, Brain, Stomach Peer pressure, Medicine Behaviour, Drug use Playing safe: Age classification, computer game, pressure, Choices, Habits Gaming, Road,	When things go wrong Influence, trustworthy, domestic violence, abuse, violence, problems, Peer pressure, Put down Pressure, Peer mediator, Risk Predict, Potential Hazard, High/ medium/ low risk Assessing, Responsibility Online safety, Relationships Risk, Danger Dealing with feelings Conflict, change, emotion, loss, grief, bereavement In the media Misleading, marketing, consumers, advertising, role model,	egg, ovum, menstruation, periods, responsibilities, parents, skills, qualities, erection, vagina, contraception, lifecycle, roles, sex, support, advice. What do we put in to our bodies? Tobacco, nicotine products, alcohol, solvents, medicines, legal and illegal drugs, risks, advice, support, age restrictions. Keeping safe out and about (and FGM) Peer pressure, consequence, antisocial, law, peer pressure,
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	Special, different, dilemma, responsibility, challenge, unhelpful, helpful, behaviour, problem, co-operative. Respect Responsible Rules	Responsible Rules Rights	value Role model, Qualities, Teased Feelings, Diverse, Judge Beautiful, Admire, Influence Positive, Food, Choices, Active Healthy Saving, spending and budgeting: Manufacture, pressure, decisions, value, spend, shift, full-time, part-time, shift, paid, unpaid, Charity, Fund raiser Community, Saving, Jobs World of work, Occupation Wage / salary , budget Celebrating	rail, water safety Buildings, Safety, Danger Hazards, Fireworks, Emergency First aid, Help, Police, Fire brigade Ambulance What is important to me? Religious diet, cultural diet, moral diet, ethical, fair trade, farming, seasonality, consumers, screen time, health, wellbeing, food, choices, sleep. Saving, spending and budgeting: Saving Money Budget Pocket money Democracy: Democracy,	media, reality, manipulate Stereotypes, discrimination and prejudice (including homophobia) Stereotype, homophobic, sexist, disability, trans phobic, discrimination, gender, role models, prejudice, Community Laws, Anti-social, Responsibility, Organisations Research, Migration, rights, responsibilities, conflict, organisation, homeless, charity, Lesbian Transgender Step families/ blended families, Reflect, Respect (+names of religions) Diverse, Stereotype Relationships	independent, gangs, youths, behaviour, protected. Healthy Minds: Mental health, mood, feelings, mind, strategies, support stigma discrimination Borrowing and Earning Money: loans, credit cards, hire purchase schemes, debt, manageable, unmanageable, reliable, enterprise, salary, risk, influence, careers. Ballot Vote Taxes Political party Prime minister Economy Welfare state NHS Democracy Manifesto
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Our progressive vocabulary ladder identifies key vocabulary to be taught from EYFS to year 6. These words are part of a whole host of work aimed at narrowing the vocabulary gap for our children. As a school we aim to expose all children to a broad range of vocabulary and provide them with the skills to use and apply these. Beyond this, we know that, ultimately, the most powerful method of broadening and deepening the vocabulary of our children is to get them to read a significant amount. Reading for pleasure, talking about reading, and great teaching of reading by every teacher can make a real difference.