



SAFE IN SCHOOL



NO BULLYING
ZONE



WE LISTEN AND BELIEVE



**This is your guide to deal with bullying in
your school**



RESPECT - COMPASSION - HONESTY





WHAT IS BULLYING?



Repeated

The person does it more than once over more than one day.



Hurtful



The person doing it knows it will hurt or upset someone else



Wrong use of power

The person is doing it to someone who cannot protect themselves

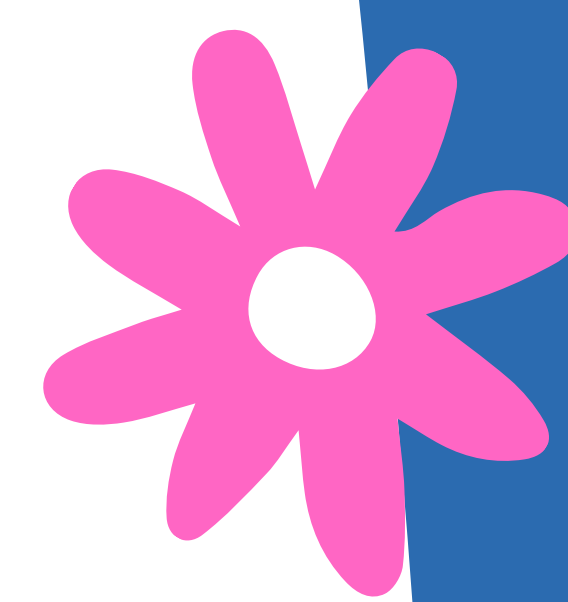


Intentional

The person is doing it to someone on purpose



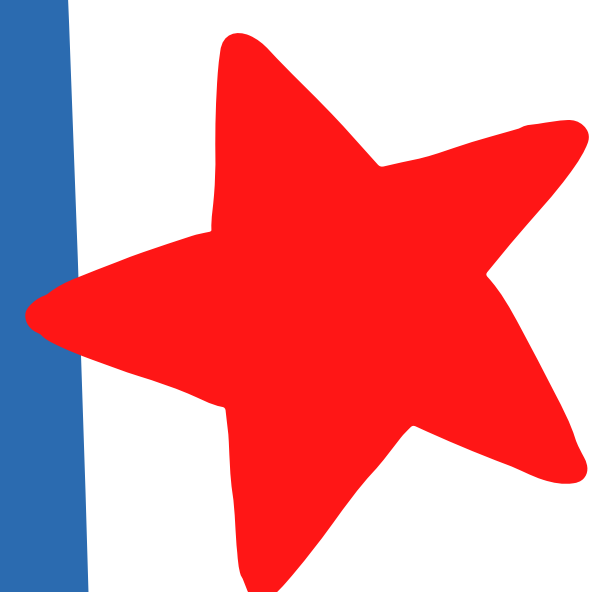
IN OUR SCHOOL



Everyone has the right to be
treated with respect



Everyone has the right to feel
happy and safe



No-one deserves to be the
target of bullying



People who bully need to learn
different ways of behaving





SPOT THE BULLYING



HITTING

SAYING MEAN WORDS



BEING MEAN ABOUT GENDER



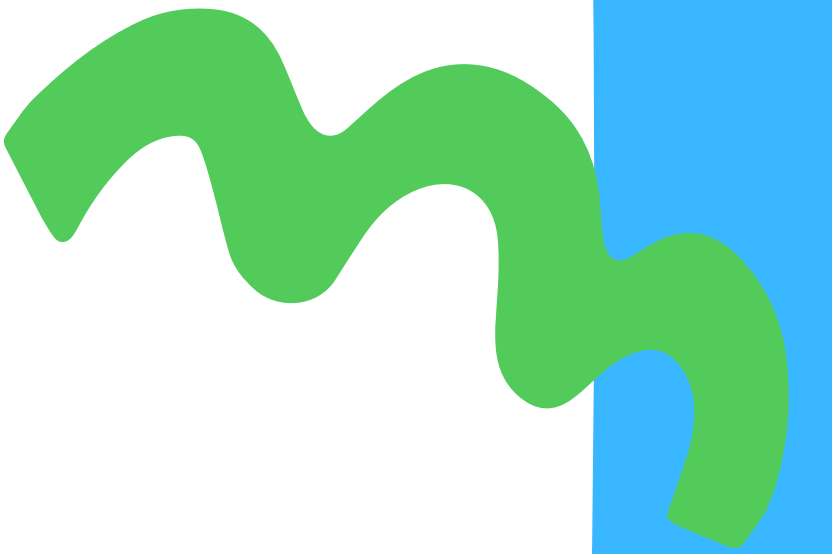
BEING RACIST

PUSHING

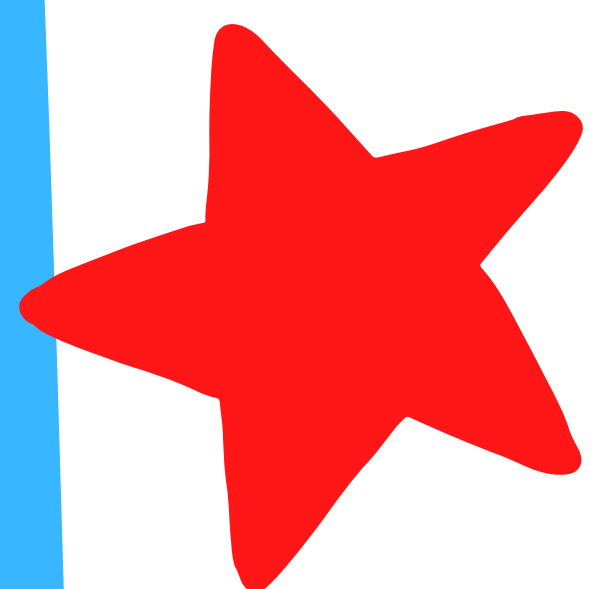
TEASING

DEMANDING THINGS

UNWANTED PHYSICAL CONTACT



KICKING



NOT LETTING SOMEONE PLAY IN YOUR GROUP

PUNCHING

BEING RUDE



BEING UNFRIENDLY

BEING UNKIND ONLINE

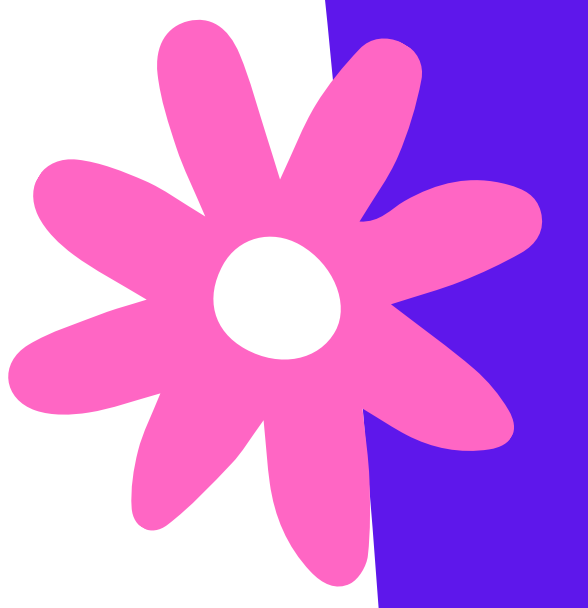
NAME CALLING

PICKING ON SOMEONE WITH SPECIAL NEEDS





STOP THE BULLYING



If you are being bullied or see bullying

You don't have to keep quiet

You can tell your teacher or a trusted adult

You can tell a friend

You can tell your parent/carer

You can use the post box in your classroom

You don't have to feel alone

Your teacher or trusted adult will help you

You can be supported by a anti-bullying buddy

You will be helped by the pastoral team

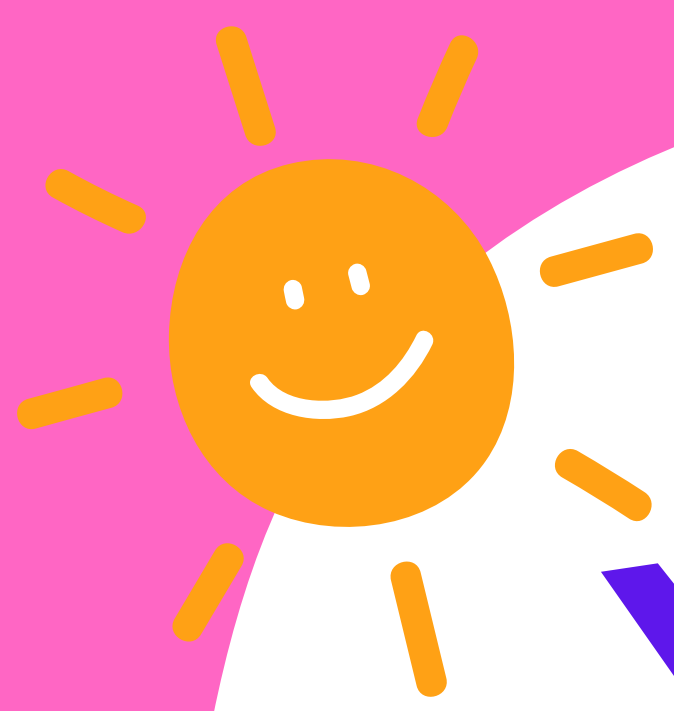
You will be helped by your parent/carer

You don't have to deal with it

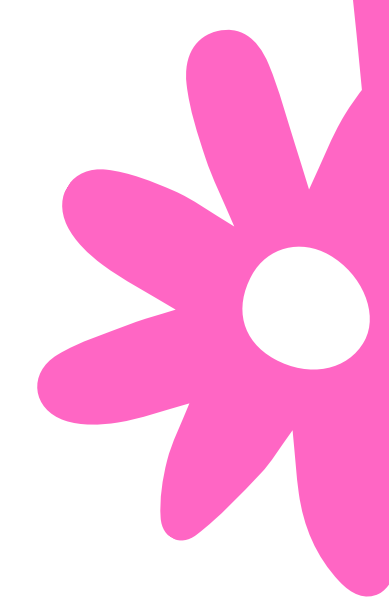
If you are being bullied or see bullying, you do not need to sort it out yourself by hitting back or shouting back - quickly tell an adult!

IF BULLYING HAPPENS OUT OF SCHOOL - SAY SOMETHING!



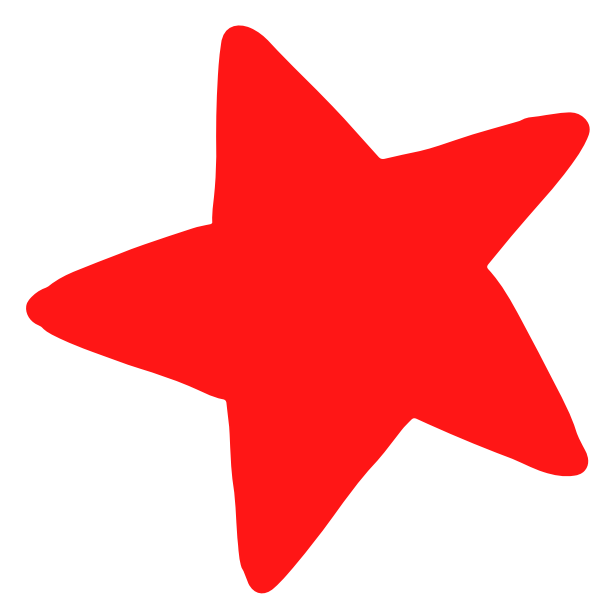
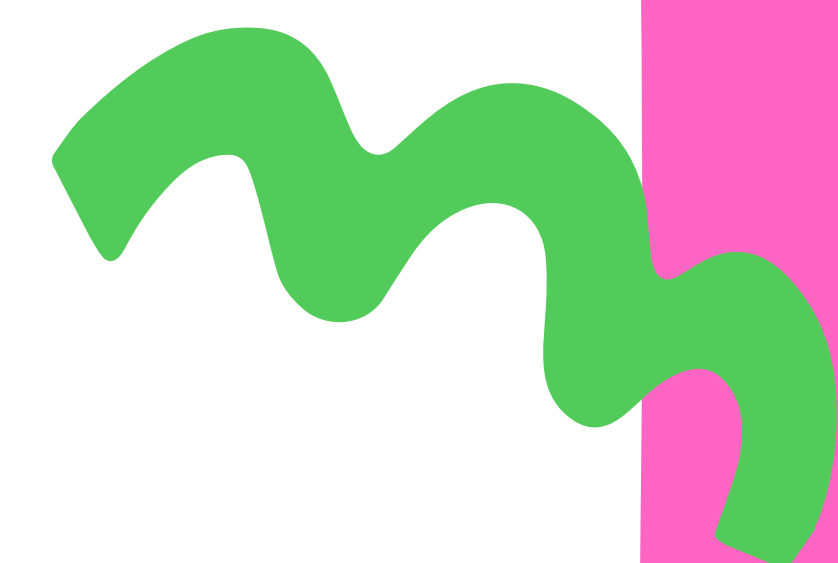


YOUR VOICE MATTERS



Our promise to you:

We will listen to you and believe you



You will be involved in finding solutions

You will get extra support



**You will have people around you who will
help you to feel safe**

