

[illegible]

BEEF															
Beef Bolognaise															
Beef Pasta Bolognaise	Wheat							Milk							
Mild Beef Chilli															
Minced Beef and Potato Pie	Wheat														
Savoury Mince Beef Hotpot															
Burger - Beef	Wheat														
Beef Casserole															
Beef Lasagne	Wheat							Milk							
FISH															
Battered Cod Fillet	Wheat											Fish			
Fish Fingers	Wheat					Mustard						Fish			
Lincolnshire Fishcake	Wheat					Mustard		Milk				Fish			
MSC Fillet of Fish	Wheat					Mustard						Fish			
Bubble Crumb Cod Fillet (GF)												Fish			
Salmon Bubble Fish (GF)												Fish			
Salmon Fish Fingers (GF)												Fish			
Giant Fish Finger	Wheat											Fish			
PIZZA															
Ham and Cheese Pizza	Wheat							Milk							
Cheese Pizza	Wheat							Milk						Vegetarian	
VEGETARIAN															
PLEASE REFER TO WEEKLY MENU FOR ACCOMPANIMENTS															
PASTA DISHES															
Cheese and Tomato Pasta Bake	Wheat							Milk						Vegetarian	
Mediterranean Vegetable Pasta	Wheat							Milk						Vegetarian	
Tomato and Mozzarella Ravioli	Wheat							Milk				Egg		Vegetarian	
Macaroni Cheese	Wheat							Milk						Vegetarian	
Mediterranean Vegetable Lasagne	Wheat							Milk						Vegetarian	

QUORN															
Quorn Sausages	Wheat							Milk					Egg		Vegetarian
Quorn Dippers	Wheat							Milk					Egg		Vegetarian
Quorn Meatballs	Wheat												Egg		Vegetarian
Quorn Mince													Egg		Vegetarian
Quorn Pieces													Egg		Vegetarian
Quorn Fillet													Egg		Vegetarian
Quorn Vegan Nuggets	Wheat														Vegetarian
Quorn Vegan Burger	Wheat														Vegetarian
Quorn and Vegetable Pie	Wheat												Egg		Vegetarian
Quorn Mince Cottage Pie													Egg		Vegetarian
QUICHE															
Roast Vegetable Quiche	Wheat							Milk					Egg		Vegetarian
Cheese and Tomato Quiche	Wheat							Milk					Egg		Vegetarian
Cheese and Onion Quiche	Wheat							Milk					Egg		Vegetarian
VEGETARIAN BAKES + PASTRIES + PIES															
Broccoli, Cauliflower + Cherry Tomato Bake	Wheat							Milk							Vegetarian
Potato, Leek and Onion Bake	Wheat							Milk							Vegetarian
Mediterranean Vegetable Tart	Wheat					Mustard		Milk							Vegetarian
Vegetable + Cheese Country Bake	Wheat					Mustard		Milk							Vegetarian
Vegetable Pie	Wheat														Vegetarian
Vegetable Bake	Wheat					Mustard									Vegetarian
Crunchy Vegetable Crumble	Wheat							Milk							Vegetarian
CURRY															
Sweet Potato, Chickpea and Spinach Curry	Wheat							Milk							Vegetarian
Butternut Squash and Chickpea Curry	Wheat							Milk							Vegetarian
OMELETTE															
Cheese and Tomato Omelette								Milk					Egg		Vegetarian

Cheese Omelette								Milk					Egg		Vegetarian	
OTHER																
Five Bean Chilli															Vegetarian	Vegan
Mixed Bean + Vegetable Enchilada	Wheat							Milk							Vegetarian	
Ratatouille Stuffed Pepper								Milk							Vegetarian	
Vegetable and Bean Burrito	Wheat							Milk							Vegetarian	
Vegetable Burger	Wheat														Vegetarian	Vegan
Vegetable Fingers/Nuggets	Wheat														Vegetarian	Vegan
JACKET POTATO OPTION	ALL BUTTER USED ON THE JACKET POTATOES IS DAIRY FREE															
MEAT/FISH OPTIONS																
Baked Beans and Mini Pork Sausages	Wheat												Egg			
Beef Bolognaise																
Mild Beef Chilli																
Chicken and Vegetable Curry	Wheat							Milk								
Chicken Mayonnaise													Egg			
Tuna Mayonnaise												Fish	Egg			
Spaghetti Hoops + Mini Pork Sausages	Wheat															
VEGETARIAN OPTIONS																
Grated Cheese								Milk							Vegetarian	
Grated Cheese and Baked Beans								Milk							Vegetarian	
Grated Cheese and Spaghetti Hoops	Wheat							Milk							Vegetarian	
Baked Beans															Vegetarian	Vegan
Spaghetti Hoops	Wheat														Vegetarian	Vegan
Coleslaw						Mustard							Egg		Vegetarian	
Vegetable Chilli															Vegetarian	Vegan
Vegetable Curry	Wheat							Milk							Vegetarian	
Vegetable Bolognaise															Vegetarian	Vegan
ACCOMPANIMENTS																

POTATO

Mashed Potato														Vegetarian	Vegan
Herby Diced Potatoes														Vegetarian	Vegan
Medium Jacket														Vegetarian	Vegan
Small Jacket														Vegetarian	Vegan
Roast Potatoes														Vegetarian	Vegan
Hash Brown														Vegetarian	Vegan
New Potatoes														Vegetarian	Vegan
Curly Fries														Vegetarian	Vegan
Potato Wedges														Vegetarian	Vegan

RICE

Basmati Rice														Vegetarian	Vegan
Savoury Rice														Vegetarian	Vegan

PASTA

Pasta - Twists	Wheat													Vegetarian	Vegan
Pasta - Macaroni	Wheat													Vegetarian	Vegan
Pasta - Spaghetti	Wheat													Vegetarian	Vegan

BREAD

Bread - Naan	Wheat							Milk						Vegetarian	
Bread - Garlic Bread	Wheat													Vegetarian	Vegan
Bread - Sliced Wholemeal Loaf	Wheat													Vegetarian	Vegan
Bread - Sub Roll	Wheat													Vegetarian	Vegan
Bread - Finger Roll	Wheat													Vegetarian	Vegan
Bread - Wholemeal Roll	Wheat													Vegetarian	Vegan
Bread - Wrap	Wheat													Vegetarian	Vegan
Bread - Soft Taco Shell	Wheat													Vegetarian	Vegan
Bread - Baguette	Wheat													Vegetarian	Vegan

VEGETABLES

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